



# THE LEADER

Vol. 38, No. 6

Grand Forks Air Force Base, N.D. ♦ [www.grandforks.af.mil](http://www.grandforks.af.mil)

Feb. 14, 2003

## Happy Valentine's Day

Times have changed since the first Valentine was sent, but the military had a hand in creating the holiday.

-- See Pages 10, 11



319th Air Refueling Wing ♦ Winners of the Air Force Outstanding Unit Award (July 2000 to June 2002)

### Inside:

**Winter Bash  
2003**

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**Army  
National  
Guard  
arrives**

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**Work  
hard,  
have fun**

Page 15



#### Weekend weather

Today 12/05 freezing drizzle  
Saturday 20/-05 flurries  
Sunday 26/18 mixed  
Monday 22/15 mostly cloudy



Weather information courtesy  
319th Operations Support Squadron weather flight





Photo courtesy 319th Services Squadron marketing office

# Winter Bash fun!



Photo courtesy 319th Services Squadron marketing office

(Top left) Two youths find out their cardboard boat couldn't float so well in the Frosty Sailor boat race Saturday at the base pool as part of the annual Winter Bash. (Above) Two "sailors" in their Plan B craft skim the waters of the base pool. (Bottom left) Lt. Col. Victoria Bowens, 319th Mission Support Squadron commander, passes the flag to her new honorary commander Dr. Phil Harmeson during the honorary commander ceremony in The Club. (Bottom center) A youth takes a try at virtual golf in the golf course clubhouse. (Bottom right) Families take part in the free lunch at The Club.



Photo by 2nd Lt. Robert Lazaro



Photo courtesy 319th Services Squadron marketing office



Photo courtesy 319th Services Squadron marketing office

## THE LEADER

### Action Line 747-4522

The Action Line is your avenue for information about events and activities on and around the base.

For questions about current events or rumors, please leave a message.

**90.4%**

Mission effective-  
ness rating  
(Deployed and home  
station)

**19**

DWI-free days  
(For every 100 DWI-free  
days, the Wing receives a  
down day.)



**Col. Keye Sabol**  
319th Air Refueling  
Wing commander

### Editorial staff

Col. Keye Sabol	Wing commander
Capt. Patricia Lang	Chief, public affairs
Staff Sgt. Scott Sturkol	Chief, internal information
Senior Airman Monte Volk	Managing editor
Staff Sgt. Randy Roughton	Staff writer

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Everything advertised in this publication shall be made available for purchase, use, or patronage without regard to race, color, religion, sex, national origin, age, martial status, physical handicap, political affiliation, or any other non-merit factor of the

purchaser, user, or patron.

### Deadlines

Articles: Due by noon Thursday the week prior to publication. For any questions about submissions, call The Leader staff at 747-5019.

### Contact information

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### Public Affairs

Editorial content is edited, prepared, and provided by the 319th ARW public affairs office. Copy submitted for publication is edited to conform to the Associated Press Stylebook and for length.

### Advertisements

Call the Grand Forks Herald at 701.780.1275 before noon Tuesday.



# 52 soldiers arrive to augment base security

**By Staff Sgt. Scott T. Sturkol**  
Public affairs

Fifty-two soldiers from the North Dakota Army National Guard's 141st Engineer Combat Battalion arrived on base Monday afternoon to settle in for what might be a one-year stay.

The soldiers came to support the 319th Security Forces Squadron with security requirements for both law enforcement and air base ground defense, said 2nd Lt. Joseph McComas, 319th SFS officer in charge of training for the soldiers.

"We were the first ones deployed and I think we're happy to be a part the deployment to help with homeland security," said Army 1st Lt. Shawn Klemmer, platoon leader.

Klemmer's team spent more than 10 days at Fort Carson, Colo., getting initial homeland security training. When they finished there, they hopped on a bus and traveled more than 20 hours to get here. Klemmer said their arrival marks a unique agreement that might be a first in North Dakota.

"This is a show of 'joint forces,'" Klemmer said. "This is something that is becoming more and more prevalent in the military. I think in a situation like this where we use each other's assets, it makes us a much stronger force."

As far as adjusting to their new surroundings,

Klemmer said his soldiers are doing what they would do at any servicing base who hosts them.

"We're towing the line and everyone here is making sure they're making a good impression," Klemmer said. "From what I've seen, you have an excellent base here with an excellent command component."

Maj. John Moes, 319th SFS commander, said their arrival is great for his unit's manpower needs as well as a chance for his squadron members to get acquainted with how the Army operates.

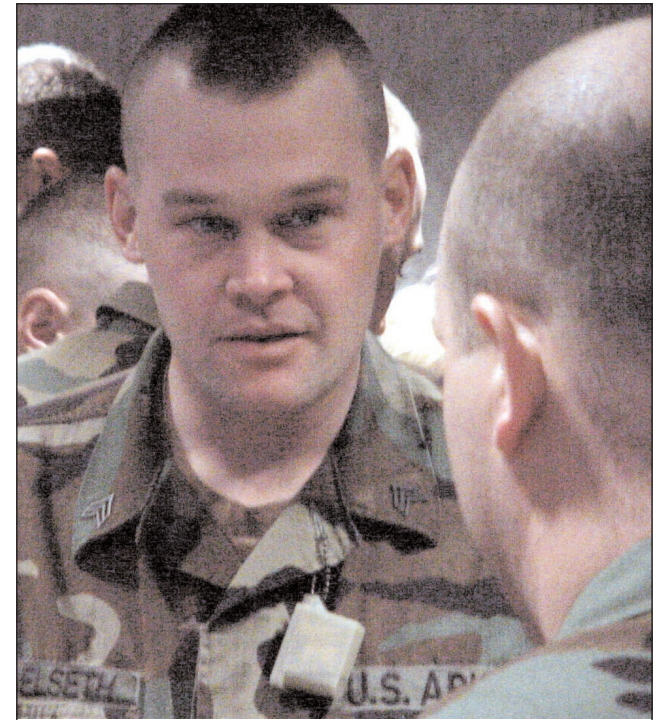
"I just want to welcome them and let them know we have a very good reputation in this wing and we're very proud of the job we do," Moes said. "We want to do everything we can to make sure they feel a part of the unit."

Making the soldiers feel like they are a part of the unit shouldn't be a problem, according to Col. Scott Phillips, 319th Air Refueling Wing vice commander. Phillips greeted the troops for their first day of training.

"When I have deployed with Guard and Reserve folks, you wouldn't be able to tell them from active duty unless you asked them," Phillips said. "When they are on the job they are just like regular active duty forces and I don't see any difference of that happening here."

The soldiers will spend their first two weeks here training in the ways of security forces with a graduation planned at the end of their training, McComas said.

From there, they will begin taking on regular security forces duties throughout the base.



*Photo by Staff Sgt. Scott Sturkol*

**Fifty-two soldiers from the North Dakota Army National Guard's 141st Engineer Combat Battalion, arrived Monday, to support the 319th Security Forces Squadron with security requirements.**

# Legacy of love, service

## ND Congressman honors son, late father for military service

By Kris Jensen  
Grand Forks Herald

A father and son, bound by love of family and love of country, were honored together Feb. 7 for wartime service in uniform by North Dakota Congressman Earl Pomeroy.

What might have been a buoyant celebration instead had the feeling of a memorial service, as the son accepted his own service awards along with ribbons and medals on behalf of his father, Terry Evett, who died suddenly last year.

Jeremy “Jay” Evett, a Gulf War Air Force veteran and now a civilian fire inspector at Grand Forks Air Force Base, grasped the hand of his 2-year-old son Garrett as Pomeroy thanked him for his military service as well as his father’s.

“In honoring national service, this is an especially significant time to be able to present these medals, long overdue,” Pomeroy told three dozen firefighters and base personnel at the fire station for the ceremony. “It is a real source of sadness to me not to be able to make these presentations together, but we know he’s with us in spirit as we honor him and his son.”

Both Evetts had received their awards one by one, but no formal presentation was ever made, Evett said. The process began a few years ago when Evett encountered an elderly gentleman doing his grocery shopping at the base commissary.

“I love talking to those guys – they have such stories to tell,” Evett said. “It’s like walking back in history. And he said, ‘Boys, get a copy of your records.’ I thought, that’s a good idea, and I told my dad about it, too. He said I should do the paperwork for him, so I did.”

The wait was long for Terry Evett, two days too long. His records arrived two days after a massive heart attack that took his life.

On the third finger of his right hand, Jay wears his father’s wedding band. It caught the light as he held Garrett’s hand, and Garrett reached out to Pomeroy’s hand to touch his grandfather’s medals.

Evett plans to take the medals on their display board home to his parents’ house in Harpersville, Ala., this summer, and put them in the shadow box he built for his father, filled partially with his own medals and insignias.

The loss is still too fresh for his mother, he said, and the ceremony would have brought her grief rather than



Photo by Staff Sgt. Scott Sturkol

**North Dakota Congressman Earl Pomeroy, presents Air Force Gulf War veteran Jay Evett, now a civilian fire inspector here, and his 2-year-old son Garrett, with the medals he earned during his seven-and a half years of service.**

comfort, so she didn’t make the trip.

Evett’s wife, Rachel, and their three children were there, though.

“They (the children) have very few memories of Pawpaw,” Evett said. “This is another connection for them. It was very thoughtful of (Pomeroy) to do this. My dad is gone. But they still wanted to show respect.”

*(Note: This article, originally printed Feb. 8, is reprinted with permission of the Grand Forks Herald)*

## LeaveWeb streamlines process across Air Force

**WASHINGTON (AFPN)** -- Airmen throughout the Air Force can now take advantage of a simplified and automated online leave system called LeaveWeb.

LeaveWeb streamlines the leave process by allowing airmen to submit leave requests and approvals electronically, saving time and improving customer service, according to finance officials.

The new paperless process allows people to electronically coordinate leave with supervisors, orderly rooms

and financial services offices.

In January, the Air Mobility Command financial management team finished deployment of the system to all major Air Force units except the 85th Group at Naval Air Station Keflavik, Iceland, which is scheduled to adopt it in April, officials said.

“This is one of the most successful (financial management) automation initiatives in recent history,” said Michael Montelongo, assistant secretary of the Air Force for financial management and comptroller. “We leveraged technology

to enhance customer support, ensuring our people have an easy and efficient means of managing their leave.”

The LeaveWeb initiative was conceived by 375th Comptroller Squadron airmen at Scott Air Force Base, Ill., and was first used there in 2000.

LeaveWeb supports 95 percent of all leave periods, but officials are looking to expand the system to handle situations such as convalescent leave, emergency leave and permissive temporary duty, Montelongo said.



# Base announces 4th quarter award winners

**Rhonda Olheiser**  
319th Comptroller Squadron  
**Category I, civilian  
program specialist**

Olheiser is responsible for the administration of the wing's civilian pay program. Her expertise was critical to the accurate and timely payment of the wing's and the GSU's 500 civilian employees. Her section's 98 percent customer satisfaction rate exceeds the AMC standard of 92 percent. Olheiser is an active volunteer for the American Society of Military Comptrollers and does not hesitate to serve the wing and local communities in a variety of roles.



**Patricia Maggard**  
319th Comptroller Squadron  
**Category II civilian**

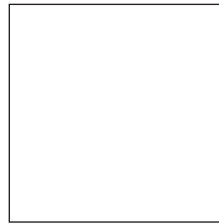
Maggard is responsible for the execution of the wing's \$110 million budget. Her expertise was critical to the 319th's ability to meet its war on terror-



ism mission. Maggard is a doctoral candidate at the University of North Dakota, majoring in educational foundations and research. She maintains a 4.0 GPA while remaining very active in the community: she teaches at UND Lake Region; actively participates in Hatton High School booster club, and was the featured speaker at Sociological Foundation's cultural diversity class.

**Kenneth Johnson**  
319th Civil Engineer Squadron  
**Category III civilian**

Under Johnson's leadership, the civil engineer engineering flight won the 2002 outstanding engineering flight of the year for AMC. Their in-house design of a critical \$10.7 million charlie ramp drainage repair project saved \$535,000 in design fees while resolving a long-standing, airfield infrastructure nightmare. He captured \$3.1 million or five times the base fair share of the AMC demolition and consolidation program, topping the base's biggest eyesore, the degraded old sage facility.



**Staff Sgt. Joseph Schoenberg**  
319th Logistics Readiness Squadron  
**Honor guard**

Schoenberg personally performed in half of all details this quarter, volunteering over 220 hours for funerals, retirements, promotions, and off base events around North Dakota, Minnesota and Wisconsin. His dedication and contributions made him an invaluable asset to this elite group. Evidenced in his selection as the honor guard "top boots" winner for October 2002, an award reserved for only the sharpest and most professional honor guard member.



**Airman 1st Class Angela R. Terry**  
319th Maintenance Operations Squadron  
**Airman**

Airman Terry is the number one airman in the maintenance operations squadron and the wing airman maintenance scheduler of the year. She built 12 weekly flying and maintenance schedules and directly contributed to the



launch and recovery of 700 sorties and 3,922.5 hours. A dynamic team player, Terry is a member of the wing contingency shelter team, is the 319th MOS booster club treasurer, and continues to be a staunch supporter of the squadron community support projects.

**Tech. Sgt. Chad M. Keller**  
319th Logistics Readiness Squadron  
**NCO**

Keller is a vehicle maintenance control and analysis craftsman, he displayed superior management skills vital for a tremendous 94.9 percent vehicle in-commission rate. He was a key player in the conversion of 227 registered vehicles to general services administration leased assets. Keller molded three trainees into capable maintenance controllers, certifying them on 60 percent of core tasks, enabling them to score eight points above average on their CDC's. He also helped Hope Inc. raise over \$1,000, to assist families with disabled children.



-- See **WINNERS**, next page

## Briefs

### Pot luck

The 319th Security Forces Squadron's family support group has a pot luck dinner at 6:30 p.m., Wednesday, in the community activities center. Bring a dish and table service. Drinks will be provided. For more details call Jennifer McComas at 594-3998 or Sandy Krebs at 594-3349.

### Looking for a few good NCO's

Attention sharp NCO's interested in retraining, see the 319th manpower Office. They're a small, close-knit office with plenty of opportunity for personal growth and recognition. Selected individuals would be part of a handpicked team. Their members are experienced in working with the highest levels of management and learn about every function in the Air Force through day-to-day association. Nearly every major CONUS and overseas Air Force

base has a manpower and organization office, requiring enlisted personnel.

Manpower and organization work at these bases encompasses most "state of the art" computer and management techniques. The methods, techniques, and philosophies employed are accepted practices in leading industrial and business firms worldwide. Manpower and organization technical school is eight-weeks long and then let you gain practical experience at your first manpower assignment. Call 2nd Lt. Cameron Jackson at 747-3248, for an appointment.

### OPSEC tip

The following information is on the wing critical information list and should be protected:

- Threats to home and deployed base resources
- Specific actions taken under Force Protection Conditions.
- Vulnerabilities and Capabilities at home and deployed locations

## WINNERS, Continued from previous page

### Master Sgt. Dan Smith

319th Operations Support Squadron

#### Senior NCO

Smith is the in-flight refueling superintendent for the 912th air refueling squadron. He leads a squadron of 40 enlisted war fighters. He was handpicked to fly the first-ever AMC mission employing multi-point refueling system in an operational environment. He was responsible for the successful execution of over 90 combat-support missions off-loading over five million pounds of fuel. He orchestrated in-theater MPRS training for pilots and booms, which saved the Air Force \$23,000 per training sortie. Smith performed his primary duties and maintained a 3.9 GPA in two classes while working on his SNCO academy coursework by correspondence.



### Senior Master Sgt. Victor Rountree

319th Mission Support Group

#### First sergeant

Rountree truly cares about his people. When the pregnant wife of one of his airmen was put on complete bed rest and unable to care for their two-year-old son, he secured emergency placement in the



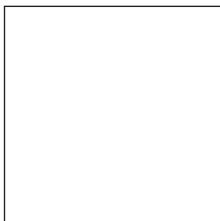
CDC within three days of the initial call for help. He also facilitated two, longstanding medical evaluation board cases, enabling both members to depart active duty. Rountree and his chief drove 350-miles roundtrip to retrieve a stranded airman who'd been hit by a drunk driver, returning him safely to duty. His superb leadership as co-chairman of the first sergeants group operation warm heart drive ensured over \$8,000 was distributed to 97 base families, guaranteeing a merrier Christmas.

### Capt. Robert Shelton

319th Operations Group

#### Company grade officer

Shelton is an executive officer for the 319th Operations Group. He was selected by AMC for the Phoenix Hawk Program. One out of 10 is chosen command wide. He commanded four combat-support missions enforcing United Nations-sanctioned no-fly zone over northern Iraq. Shelton is a compassionate foster parent, tenderly offered emergency "shelter care" for two displaced children in need; active member and participant in the warrior of the north chapter of the airlift/tanker association. Shelton completed his masters degree while in theater maintaining a 4.0 GPA.



# First CMSAF looks ahead with perspective of past

By Kris Jensen  
Grand Forks Herald

Paul Airey, the first Chief Master Sergeant of the Air Force, has seen a lot of wars. He knows the devastation they can bring.

He doesn't want to see another one.

"But I feel very strongly that this man (Saddam Hussein) has to comply with a complete inspection or bear the consequences," he said during a visit to Grand Forks Air Force Base as guest speaker for the annual awards banquet here Feb. 6. "Even if it means going to war, I fully back up our president, the commander in chief.

"We've told him to comply or else," Airey said. "Nobody wants to go to war, but I'm afraid we might have to. It's up to him to prove ... where have those weapons of mass destruction gone?"

Airey's perspective is a broad one, having served as the highest enlisted member in the Air Force, named to the brand-new position in 1967. He retired two years later, after 28 years in the Air Force. Four of those years were spent at Grand Forks Air Force Base.

"I did a full tour here," he said, "1960 to '64, when the base was pretty new. Lived right there on Gumwood Street." Back then, Airey was a sergeant with the 18th Fighter Interceptor Squadron. Today, not far from where Airey once lived, airmen eat at the Airey Dining Facility.

"I was here when they dedicated it - I'm very proud

of it," he said. "It makes you feel kind of humble. They named a couple of dorms for me, too, one at Lakenheath (England) and one out west. Makes you think, do you deserve this?"

## From a Navy town

Airey grew up in Quincy, Mass., a hardcore Navy town. When he walked into the Navy office to sign up, he said, "the Navy recruiter was obnoxious. So I went down the street to the Army. The hell with him - thank God," he said.

The Air Force was formed in 1947, after Airey had enlisted with the Army Air Corps.

Airey's Air Force career is the stuff of history: During World War II, however, he served as an aerial gunner on B-24 bombers and is credited with 28 combat missions in Europe.

After he was forced to bail out of his flak-damaged aircraft, he was captured and became a prisoner of war in Germany from July 1944 to May 1945. During the Korean War, he was awarded the Legion of Merit while assigned at Naha Air Base, Okinawa. The award, an uncommon decoration for an enlisted man, was earned for creating a means of constructing equipment from salvaged parts that improved corrosion control of sensitive radio and radar components.

Airey, who retired from the Air Force in 1970, spends much of his energy on preserving the history of the Air Force's enlisted members. He works closely with the Enlisted Heritage Hall at Gunter Air Force



*Photo by Staff Sgt. Scott Sturkol*

**Paul Airey, the first Chief Master Sergeant of the Air Force, spent four of his 28 years of service at here, from 1960-64.**

Base in Montgomery, Ala.

"We've lost some enlisted history; people have died off, and there are things we should know," he said. "History to me is important. Tradition is important."

*(Note: This article, originally printed Feb. 7, is reprinted with the permission of the Grand Forks Herald.)*



# Think twice before sharing prescription medication

By 1st Lt. Amy E. Bryan  
Legal office

The use of illegal drugs is incompatible with military service. Airmen who abuse illegal drugs may be court-martialed, but at a minimum are subject to an administrative involuntary separation from the Air Force. But did you realize that improper use of “legal” drugs is also incompatible with military service? In the Air Force, improper drug distribution occurs when an airman transfers or attempts to transfer to another illegal or legal drugs. Airmen who choose to share a drug that is legally prescribed to them may be risking their Air Force career.

Air Force Instruction 36-3208, Section 5H, paragraph 5.54.1 defines drug abuse as “the illegal, wrongful, or improper use, possession, sale, transfer, or introduction onto a military installation of any drug.”

A drug includes illegal drugs such as marijuana, heroin, and methamphetamine, as well as legal drugs like ibupro-

fen. Any intoxicating substance other than alcohol that is inhaled, injected, consumed, or introduced into the body in any manner for purposes of altering mood or function is also considered a drug. Even though a prescription medication may be purchased over-the-counter, it is not excluded. As written, the instruction strictly prohibits an airman from transferring any prescription drug to another.

A commander will act promptly when informed of circumstances that may subject an airman to discharge for drug abuse. After evaluating the circumstances, if the commander determines an airman engaged in drug distribution, the discharge process begins.

An airman who is discharged for drug abuse is not eligible for probation and rehabilitation. Consequently, the next time you offer or anyone requests some of your prescription medication, carefully consider whether it is worth potentially jeopardizing your Air Force career to give it to them.

## Base chapel

**CATHOLIC:**

**Mass:** 5 p.m. Saturday, 9 a.m. Sunday.  
**Daily Mass:** Tuesday - Friday 11:30 a.m. Sunflower Chapel  
**CCD:** 10:45 a.m. Sunday, Twining Elementary School, RCIA plus Confirmation  
**Reconciliation:** 4 p.m. Saturday, 8:30 a.m. Sunday, or by appointment, Sunflower Chapel

**PROTESTANT:**

**Traditional worship:** 10:30 a.m. Sunday, Sunflower Chapel.  
**Liturgical worship:** 10:30 a.m. Sunday, Prairie Rose Chapel.  
**Contemporary worship:** 6 p.m. Sunday, Prairie Rose Chapel  
**Young Adults:** 6 p.m. Friday, Chaplain Swain’s home 747-4359  
**Youth:** 4 p.m. Sunday, meet at youth center  
**Religious Education:** 9 a.m. Sunday, Eielson Elementary School.  
**Men of the Chapel:** noon Monday, Prairie Rose conference room

**JEWISH:**

For details call Sheila Farquharson at 594-3960 or Synagogue B’nai Israel at 775-5124.

**RUSSIAN/EASTERN ORTHODOX:**

For details call Dr. Levitov 780-6540.

**MUSLIM, BUDDHIST, OTHER:**

For details call 747-5673.

## Base theater

**Today, 7 p.m.**  
*Catch Me If You Can (PG)*

This film tells the true story of Frank Abagnale (Leonardo DiCaprio), the youngest man to make the FBI's most-wanted list for forgery. Frank posed at various times as a doctor, a lawyer, a pilot, and even an FBI agent. Throughout his life, he passed millions of dollars in bad checks and later, after finally being captured, escaped from prison. Abagnale eventually became a consultant for the FBI, specializing in the field of white-collar crime.

**Saturday, 3 p.m.**  
*Pinocchio (G)*

Two-time Academy Award winner Roberto Benigni brings the tale of wooden boy Pinocchio to the screen in this version, which he wrote, directed, and stars in. Wooden doll Pinocchio, created by Gepetto (Carlo Guiffre), yearns to be flesh and blood, and his curiosity involves him in many adventures, including an encounter with the Blue Fairy (Nicoletta Braschi).

**Saturday, 7 p.m.**  
*Antwone Fisher (PG-13)*

Denzel Washington stars in and directs this biographical movie based on the life of Antwone Fisher, an angry Navy sailor on the verge of being booted for repeated fights, who manages to turn his life around with the help of a Navy psychiatrist (Washington). The change leads Fisher on a search for the family that abandoned him as a baby.

**Feb. 14, 7 p.m.**  
*Catch Me If You Can (PG)*

**Feb. 15, 3 p.m.**  
*Pinocchio (G)*

**Feb. 15, 7 p.m.**  
*Antwone Fisher (PG-13)*

**Tickets:** \$1.50 children, \$3 adults  
For details, call 747-3021/6123.



## How are you going to celebrate Valentine's Day without your spouse?

*"Valentine's isn't the same without dad, but we sent him lots of love in cards and packages with all the love we have. We are so proud of him and what he stands for."*

**-- Jennifer, Caitlin 2 and Corbin 6 months**



*"We spend time together normally for Valentine's Day, but when we're not together we share e-mails or phone calls and let each other know we love one another. Hopefully next year we'll spend Valentine's Day together."*

**-- Mary**



# Military has ties with Valentine's Day

By Senior Airman Monte Volk  
Public affairs

Ah! Tiz the day to profess your love. The day to shower the one you love with candy, flowers and gifts, all in the name of St. Valentine. But who is this mysterious saint and how does the military have anything to do with this romantic holiday?

Valentine's Day and its patron saint are cloaked in mystery, but one of the most popular legends affirms that Valentine was a priest near Rome in about the year 270, during the decline of the Roman Empire. The ruler, Emperor Claudius II, felt that married men were too emotionally attached to their wives and families and would not make good soldiers, so he issued a decree that forbid his crop of potential soldiers, young single men, to marry and have families.

Valentine, realizing the unfairness of the decree, defied Claudius by performing marriages for young lovers in secret. When Claudius discovered Valentine's defile, Claudius ordered Valentine arrested.

While in jail, Valentine awaited his fate. His jailer, Asterius, had a blind daughter he asked Valentine to heal. After several meetings and eventually curing her blindness, Valentine himself, fell in love. Just before his execution, on Feb. 24, 270, Valentine asked for a pen and paper and signed a farewell message to his love which he signed "From Your Valentine," a phrase that has lived ever since.

Although the truth behind the Valentine legends are cloudy, the stories certainly highlight his appeal as a romantic figure and shows how our military has evolved.

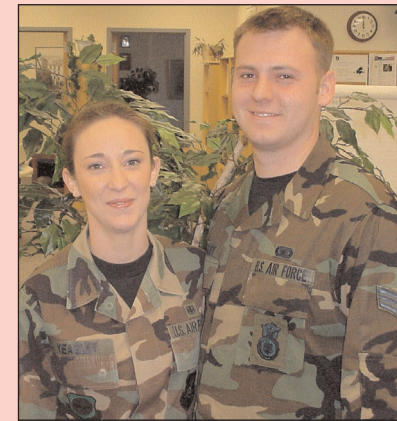
Families are an essential element in today's military. From schools and housing to day-cares and support groups, the military has found out that families don't hinder it's soldiers, sailors, airmen or Marines, they support, motivate and encourage them.



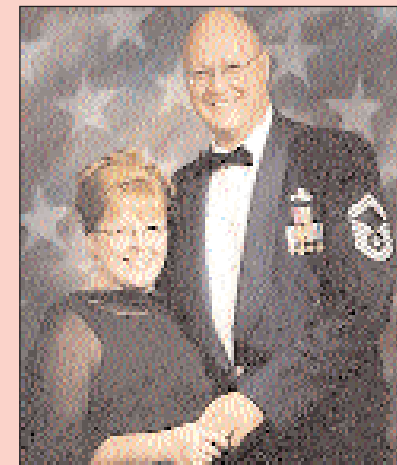
**Valentine's Day comes once a year for most people, but for military families, it's like Valentine's Day every time they come back home.**

Photos by Staff Sgt. Scott Sturkol

## How do you celebrate Valentine's Day with your spouse?



*"A candlelight dinner and time alone...without work."*  
**-- The Yeagley's**



*"Time together is precious enough for a married couple who have jobs and kids and a house to take care of, and when you factor in the frequent deployments and the uncertainty of war within a military family, I think you really feel blessed to have the time you have. It's important to cement your relationship while you're together, too, so that in the time apart, your relationship stays strong."*

**-- The VanHeste's**

## Internet provides military families with online community

The information superhighway offers another tool for military family members to get support and information on the military community. Following are a few Web sites that specialize in supporting military families. No federal endorsement of these Web sites are intended.

► <http://www.afcrossroads.com> – Air Force Crossroads, the official community Web site of the Air Force, features a wide variety of subjects available on-line for military families. From an information resource center to forums for spouses and youth, the Web site can help military families gain important knowledge about the Air Force, Department of Defense and the military way of life.

► <http://www.militarylink.net> – This Web site was developed for United States military by military. Militarylink offers military classifieds, military real estate, military auctions, military discussion boards, advertising, community pages and much more.

► <http://dticaw.dtic.mil/mapsite> – The Military Assistance

Program site is an on-line site for military families with a family center locator, employment, relocation, and financial information. <http://www.nacec.org> – The Military Family Communications Service offers a messaging service to active duty service members and their families free of charge via the North American Center For Emergency Communications Inc. – a non-profit organization working to improve U.S. military family communication on a global basis.

► <http://www.militarychild.org> – The Military Child Education Coalition consists of military installations and departments, school districts, professionals and parents who want to support the educational needs of all military children, especially in the areas of helping the military child adjust to the educational transitions of relocating.

► <http://www.nmfa.org> – The National Military Family Association is a national organization dedicated to identifying and resolving issues of concern to military families.

► <http://www.military-brats.com> – Military Brats Online is

dedicated to linking brats everywhere with their past, friends, family and heritage. It has U.S. military links, a message board, alumni and school information and more!

► <http://mfrc.calib.com/mcy/index.htm> – The Military Child Development Program site provides an overview of the DoD Child Care Model, special initiatives, and outreach programs. Access to a childcare library database is also available.

► <http://www.militarywoman.org> – The Military Woman Home Page provides a meeting place for military women to exchange information unique to their military experience and to offer firsthand information to women thinking about a military career. The site educates and informs the general public about women in the military.

► <http://www.sgtmoms.com> – The Internet site for military families (Sgt. Mom's Place) provides a self-service interactive Web Site for families of service members. Sgt. Mom links with a wide variety of other home pages (including service-specific sites) and refers to

itself as a "One Stop Web Shop."

► <http://www.cinchouse.com> – Started originally as a hobby by working military wives who wanted to learn more about military life but didn't have time for traditional spouse activities, CinCHouse.com is now a non-profit organization and one of the Internet's largest community of military wives and female service members. Jargon for Commander in Chief of the House, CinCHouse.com's web-based magazine and community addresses the day-to-day issues families face but emphasizes problem-solving and taking advantage of the adventure of military life.

► [www.tckworld.com](http://www.tckworld.com) – TCK World is dedicated to the support of Third Culture Kids: Military Brats, Missionary Kids, Foreign Service Kids, and others who have lived as children in foreign cultures. TCK World includes the official home site of Operation Footlocker and Schools Without Walls.



# Community

## Today

### VALENTINE’S DAY SPECIAL

The Club is offering a Valentine’s Day Dinner Special on Feb. 14 from 5:30 to 8 p.m. The menu is Steak & Shrimp for Two! Also, sign up to win a two-night stay for two in Winnipeg along with a delightful basket full of goodies! Call The Club for further details, 747-3392

### ICE FISHING & SKI TRIPS

Outdoor Recreation has an upcoming ice-fishing trip scheduled for Feb. 15 for LADIES ONLY! Cost is \$17.50 per person. Departure will be from Outdoor Recreation at 7:30 a.m. and you will return mid-afternoon. Sign up at least one-day prior. Call 747-3688 for more information. Join Outdoor Recreation every Saturday from now until the end of March on a Ski Trip! The next trips will be to: Holiday Mountain, Feb. 15; and Andes Tower, Feb. 22. Sign up at least one-day prior. Call 747-3688 to sign up, and/or for complete details. Outdoor Recreation has a Cross-Country Ski Trip planned for Feb. 22 to Bemidji, MN. Departure is at 9 a.m. from Outdoor Recreation and you will be returning same day, late afternoon. Cost is \$15 per person, \$35 for family up to four (\$10 each additional member). Please sign up one-day prior, 747-3688

### FRAMING WORKSHOP

Sign up for Skills Development Center’s Framing Workshop held tomorrow from 10 a.m. to 5 p.m. Cost is \$20 plus materials. Please bring a picture to frame. All classes require pre-payment and pre-registration at the Skills Development Center, 747-3482.

## Saturday

### FESTIVAL DU VOYAGEUR

Join Outdoor Recreation on their “voyage” to Winnipeg’s French District on Feb. 15. You will enjoy dog sled races, food, snow sculptures and much more at the Festival du Voyageur! Departure is at 8 a.m. from Outdoor Recreation and you will return at around 10 p.m. same day. Cost is \$15 adults, children under 16, \$10, family of three \$37.50, family of four \$42.50, family of five or more \$50, (family includes two adults 16 & older; additional adults \$10 each). \*Please sign up in advance, there is limited seating, at Outdoor Recreation: 747-3688.

### INDOOR SOCCER REGISTRATION

Now through March 1 sign up for the Youth Center’s Indoor Soccer team! This is for ages 5 & up and requires a current physical. Cost is \$30 per child. Coaches are needed for all age groups! Contact the Youth Center for additional information, 747-3150.

### SCOTCH DOUBLES

Dakota Lanes is holding a Scotch Doubles Tournament tonight at 7 p.m. Cost is \$24 per couple and prizes will be drawn throughout the night. Call the Bowling Center for more information, 747-3050.

## Sunday

### SUPER SUNDAY BRUNCH

Join the Club today for their Super Sunday Brunch from 10:30 a.m. to 1:30 p.m.! Enjoy two meats, bis-

cuits & gravy, eggs, fruit, waffles, omelets and more! Sunday Brunches are the first and third Sunday of each month. The next Sunday Brunch is Mar. 2.

## Monday

### YOUTH CENTER

The Youth Center will be closed today for President’s Day.

## Tuesday

### PRETEEN PLANET PIZZA TRIP

Sign up by today for the Youth Center’s Planet Pizza Trip on Feb. 22. This trip is for ages 6 – 12 and the cost is \$7, which includes pizza, soda and transportation. Game tokens are not included in the price. Departure will be at 12:30 p.m. and they will return at 4 p.m. A parent permission slip is required; need 15 to hold. Sign up at the Youth Center, 747-3151.

## Wednesday

### TALENT SHOW MEETING

The next meeting for talent show participants is tonight at 5:30 p.m. at the Youth Center. Call 747-3151 for more details.

## Thursday

### SKI LESSON

Outdoor Recreation is offering a FREE Cross-country ski lesson tonight from 6 to 7 p.m. Please come 15 minutes prior to get fitted for equipment. Contact ODR for more information, 747-3688.

### THE CLUB

The Club is having their \$1.00 Lunch Day today from 11 a.m. to 1 p.m. The menu is BBQ. This lunch is for members only.

### ARTS & CRAFTS NIGHT

There is an Arts & Crafts night tonight at 5:30 p.m. for ages 6 – 12 and 7:30 p.m. for ages 13 – 18 at the Youth Center. This event is FREE. Call 747-3151.

## Upcoming

### MALL OF AMERICA

Outdoor Recreation is driving to the Mall of America on March 1 and would like you to join them! Departure is at 5 a.m. from outdoor recreation and you will return late the same evening. Cost is \$20, includes transportation only. Sign up by Feb. 26 at outdoor recreation, 747-3688.

### FAST EDDIE’S

Come try our new Smoothies in five flavors: Tropical Fruit, Raspberry, Strawberry, Peach and Banana. We will also continue serving the “holiday” coffees until our supplies run out. For details call 747-6201.

### TAKE TIME FOR YOURSELF AND RELAX!

The community activity center now offers a new service... We have contracted a massage therapist who will be available Wednesday and Thursday evenings and Friday mornings. Fees are \$25 for a 30 minute session and \$50 for one hour session. Call 747-6104 to schedule an appointment.



## Sports

*Beyond the precision of Double Lutz's and Salchow flips, base figure skater has learned how to...*

# Have fun, work hard

**By Staff Sgt. Randy Roughton**  
Public affairs

It didn't take long for Melissa Krause to learn the importance of hard work and preparation.

Melissa, the 11-year-old daughter of Tech. Sgt. Rodney and Judy Krause, has been skating since she was 6. She puts in about 20 hours of practice each week, mostly before and after school and virtually all of her weekends. But the practice pays off.

She brought home three first-place awards at a regional skating meet in Minnesota last year, one week after placing third three times in international competition.

"The main key to success at competitions is to concentrate on my routine," she

said. "Don't watch the competitors you're going up against, and most of all, have fun.

"When you see a skater on TV smiling, I mean a really big smile, she is having fun. If you see a fake smile, she's not having fun."

Beyond the precision of her Double Lutz and Salchow flips on the ice, Melissa has apparently already learned how to have fun and work hard at her sport at the same time, according to her Border Blades Skating Team coach.

"Melissa is a delightful skater," said Kim Heazlett. "She is a hard worker who shows nice grace and poise on the ice."

Melissa, a Schroder Middle School sixth-grader, sees herself maybe becoming a figure skating coach or choreographer herself one day, or perhaps maybe even following in the Olympic footsteps of her skating heroines – Tara Lipinski and Sara Hughes.

"I like them because they are both young and worked very hard to get where they are at today," Melissa said. "Both took gold medals at Olympic games and had to compete against the world's best skaters who were older and had more experience at the professional level."

Both of Melissa's parents are proud of the way their daughter has dedicated herself to skating, while keeping up with her other responsibilities at home and in school.

"I am proud of Melissa's skating ability at her age and years of experience," Judy Krause said. "Melissa dedicates a great deal of time and effort into her skating, including practice times, lessons and competitions, and is still able to continue to keep her grades up in school and other activities."

Her father had his own way of putting his feelings about Melissa's skating talent.

"With her backward skating ability," her father said, "she would make a heck of a defenseman in hockey. However, I am very proud of her for her figure skating abilities and accomplishments, too."



*Courtesy photo*

**Melissa Krause spends about 20 hours a week practicing her routine.**